

## Post- Activity Reflection

Use these questions for discussion and written reflection, or incorporate them into the formats for a more creative and tailored activity.

### Expectations

How did I feel about

What did I think it would be

- Fun/boring
- Difficult?

What did I think about the \_\_\_\_\_ ts of our service

What did I hope to learn?

### Results:

How do I feel about what I

Was it different than I

Was it fun/interesting

What was

How did I deal with it?

What would I change if I could this

What did I

How can I apply what I've learned to situations

### Personal

What did I learn about

Is this what I expected to

Did anyone help

Do I have any new/changed attitudes \_\_\_\_\_s?

What new things did I learn to do?

### Social

Who did I interact

What did I learn about

Did I have to communicate in a way I am not to?

How did that feel?

How can I apply what I've learned to other situations?

### Workplace

What does it take to be a good

Is any of this the same as being a good

Did I have to learn any new

What attitudes and values did I change or develop regarding future employment?

### Citizenship

What did I learn about our

What did I learn about what the agencies in community

Do I feel differently \_\_\_\_\_ my community

How did we help other people and/or

Did we help our

How does that feel?