

Activity: Asset Interviews

Use For: Selection

Time: 30 minutes

Materials: Pen, interview questions for each participant, flip chart and markers

Description: Participants interview each other, asking about skills and characteristics and report back to the class.

Participant Objectives:

- Identify personal skills and talents.
- Identify someone in the group who has a skill or talent they would like to learn.
- Become aware that everyone, including themselves, has personal attributes that can be used to help others.

Procedure: Have participants form pairs and give each person a copy of the interview questions. Partners will take turns interviewing each other and writing down the responses. Allow 5 minutes for each interview. Next, go around the room and have each person introduce their interviewee and report back their findings. Write down all the different hobbies and skills on the flipchart and arrange them so they can be seen simultaneously.

When everyone has reported back, have each participant name an attribute they would like to learn. Every group has a pool of skills and talents that can be shared and is valuable to others. Encourage participants to keep their sheets.

Identifying one's own assets can be hard; the following questions may help.

Do you:

- Understand and use computers and the Internet?
- Play a musical instrument?
- Speak a foreign language?
- Pay attention to details and finish work on time?
- Like meeting people and making new friends?
- Like getting your hands dirty (painting, yard-work, etc.)?
- Like fixing or creating things (handy work, art, jewelry, mechanics, etc.)?

Interview Questions

Assets are useful or valuable qualities, which every person has. Sometimes our assets are not obvious and we have to take time to discover them. Answering these questions will help you realize your own assets.

What two gifts talents or skills do you have that make you a valuable family member or friend?

What 2 two skills do you have that will make you especially good at paid or volunteer work?

What talent do you have that not many people know about?

What are your two or three favorite hobbies? What do you love to do so much that you get lost in it for hours without getting bored?

What 2 two skills make you a great team member?